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Top 50 Most Delicious Avocado Recipes (Superfood Recipes Book 3)

TOP 50 MOST DELICIOUS

SUPER FOOD

AVOCADO RECIPES



Synopsis

This top 50 of delicious avocado recipes is based on an unpublished online poll. Try them all and taste their deliciousness. These avocado recipes are so good, you will surely be overwhelmed by their amazing and smooth taste! Enjoy the many health benefits of this SUPERFOOD! Avocados are one of the most complete foods in the world with loads of nutrients, fiber, protein and especially high in super healthy fat; which has anti-inflammatory properties and it keeps cholesterol levels in check. So great for preventing heart disease. Avocados also give you healthy looking, beautiful hair and skin. Find out more inside this recipe book. Easy to follow steps so anyone can make and enjoy them! Each of the recipes have easy to follow steps allowing anyone to make them in no time at all. Tried, Tested and SO GOOD! These recipes have all been tried out by us and we LOVE each and every one of them. So get to it and satisfy your avocado cravings!

Book Information

File Size: 2485 KB

Print Length: 96 pages

Simultaneous Device Usage: Unlimited

Publication Date: April 16, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00JRC92DS

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #43,395 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #6 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Cooking by Ingredient > Fruits #8 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Diet > Heart Healthy #15 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fruits

Customer Reviews

Avocados are so so popular and these recipes were delicious. It seems we eat avocados with every meal. These were simple and easy to follow. Would recommend to all Avocado Lovers!

Good recipes beyond the usual guacamole. I will be using this as soon as avocado season arrives with lots of fruit.

Some of the recipes are quite easy to follow. In an overall sense, most of the recipes are pretty healthy.

Great little book. Can't wait to make avocado ice cream and some of the other desserts. I also ordered the books on spinach and beets.

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